

# LORDS PRAYER

Updated for modern times

## **Our Father who art in Heaven**

I acknowledge my Higher Self who is in a higher dimensional reality

## **Hallowed be thy Name**

You are my Beloved and One with the Almighty Mind and power of the Universe

## **Thy Kingdom Come**

Unity consciousness is here, my Higher and Lower Selves are merging as One

## **Thy will be done on Earth as it is in Heaven**

Heaven will be manifest on Earth when I align with the will of my Heart, my True Self. Earth will unify with the higher dimensional realities

## **Give us this day our daily bread**

I invite in and welcome, all the gifts this day has to bring and acknowledge all I need will come to me

## **And forgive us our trespasses, as we forgive those who trespass against us**

Assist me to notice my thoughts of separated judgement and to love myself for believing a false reality. Assist me to acknowledge when others are doing the same and love them too

## **And lead us not into temptation**

Keep me from listening to the voice of the ego and the distractions it creates to keep me from my True Purpose

## **But deliver us from evil**

Keep me from buying into and acting upon, the judgements that separate me

## **For Thine is the Kingdom, the Power and the Glory**

My Higher Self is the Source of infinite well-being, power over this man-made world and the success of walking my own talk.

## **Forever and ever, Amen.**

I AM Eternal, So Be It and So It Is.